The Genomic DNA Test “NEXT STEPS” Saliva Kit

1. View the test overview video and review the test information documents on our website: https://uvmhealth.org/GenomicDNAtest. This are the same documents you may have received in your provider’s office as the “Patient Information Packet.”

2. If you would like more information or have concerns before getting the test, contact the Genomic Medicine Resource Center:
   Email: DNAtest@uvmhealth.org or Phone: (802) 847-8135.

3. When you feel that you have enough information and are ready to get the Genomic DNA test done, complete and sign the “Clinical Genomic DNA Test Consent” form. This one-page form is in the packet you received at your primary care provider’s office. It can also be downloaded from the website above using the “Informed Consent Form” link and printed locally.

4. Place the signed consent form into the Invitae shipping container you will use to ship your saliva sample. The sample will not be processed unless a signed consent form is received with it, or is already on file at your provider’s office.

5. Watch the video on how to provide a saliva (spit) sample: https://patient-support.invitae.com/hc/en-us/articles/360001530888-How-do-I-provide-a-saliva-sample- or Google “Invitae saliva instructions”. There is also a step-by-step information card in the collection kit. Please pay attention to what not to do shortly before you provide your sample.

6. Label your sample tube completely, and provide a saliva sample. Then package it in the Invitae box according to the instructions. Don’t forget to include the signed informed consent form.

7. Follow the instructions in the box to package and send the kit to Invitae using the pre-paid shipping label. Don’t delay. Please send the saliva sample as soon as possible after collection.

Your Genomic DNA test results will be available in about a month. Your primary care provider’s office will contact you when they are available to review with your provider.

Thank you for helping us make this process a success!

Sincerely,
The UVM Health Network Genomic Medicine Team and Family Medicine Group